Goal Pyramid: "Unpack" your goal into milestones

The
"Goal"

Large
Milestones

Medium
Milestones

Small
Milestones
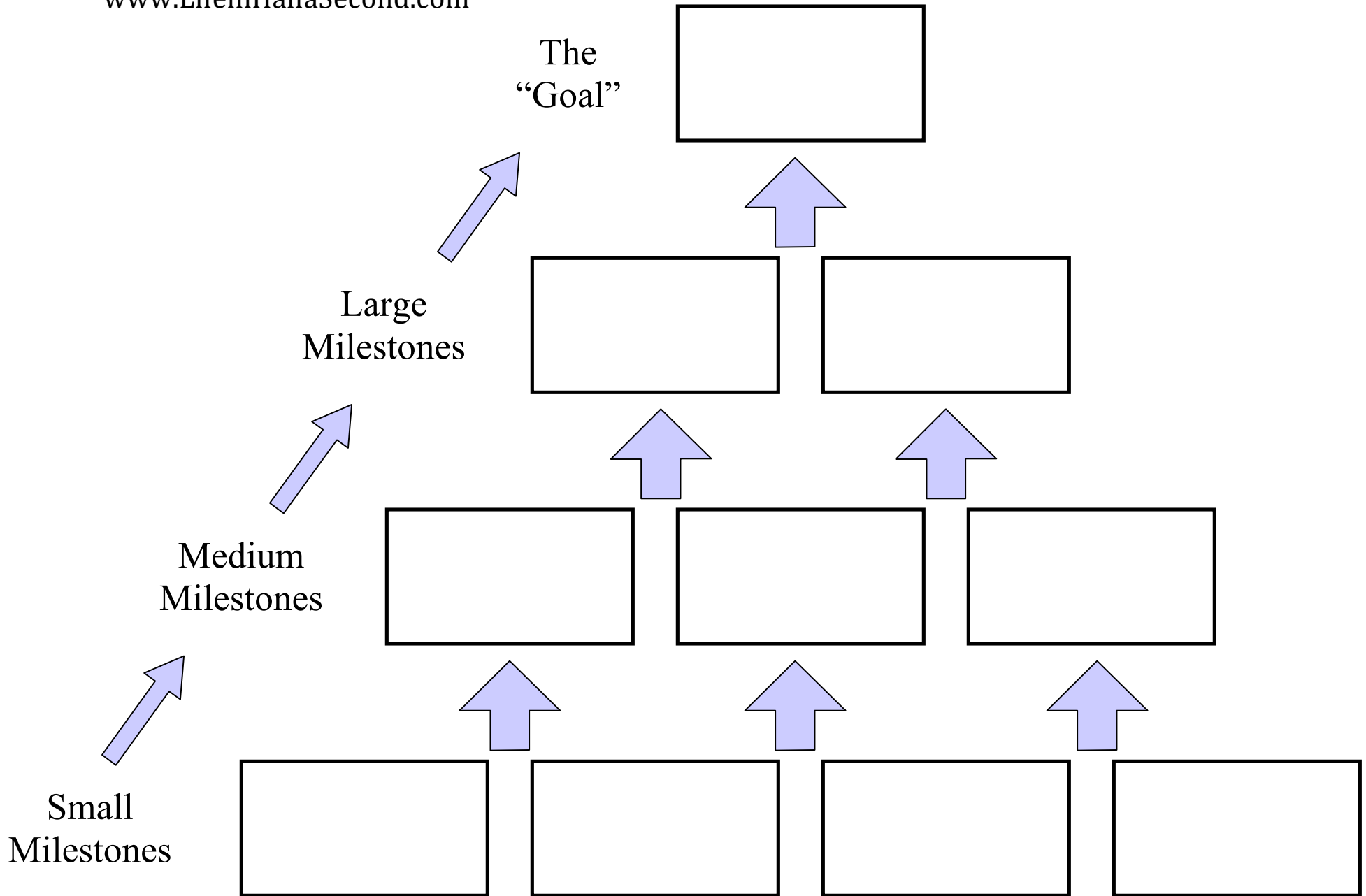
From the book *Life in Half a Second: How to achieve success before it's too late*